



# MunicipalMATTERS

*A proud history... A promising future*

## IN THIS ISSUE

Mayor's Corner	2
Climate Change	3
Active Smarter Kids	4
Flood Risk	4
Grants	5
Photos	6
Memory Cafe	7
Generator Safety	8
Events	9
Waste & Recycling	10
Waste & Recycling	11
Waste & Recycling	12

## WINTER NEWSLETTER | DECEMBER 2022

### Lumia Health Coming to MODL

The Municipality of the District of Lunenburg is pleased to announce that Osprey Village will be home to Nova Scotia's first Lumia Health Collaborative Health Centre and MODL's Community Hub. Lumia Health is led and delivered by Partners for Care, an independent, board-governed, non-profit service partner of Nova Scotia Health (NSH) which collaborates with wellness-oriented businesses that complement NSH's healthcare services and contributes to positive patient experiences.



Lumia Health will complement, not compete, with the public healthcare system and work towards keeping patients out of acute care. Lumia Health brings together the pillars of navigation, technology, collaboration, and accessibility to create an ecosystem where health practitioners work in tandem to provide holistic care to patients in the community. Perhaps the most profound impact of Lumia Health will be enabling wider access to healthcare by removing barriers for individuals who do not have the financial resources or capacity to invest in their health.

MODL has committed to renting space for a Community Hub in Lumia's planned two-storey, 45,000 square foot facility. The Community Hub will include a farmers' market, community kitchen, cold storage, education and meeting spaces, and a café. Tenants are expected to include a pharmacy and other health-related businesses such as physiotherapists, oxygen therapy, dietitian services, hearing therapy, and more.

Lumia Health Collaborative Health Centre and the Community Hub will be located in Osprey Village at the intersection of Nathan Cirillo Road and Allée Champlain Drive, across from the MODL building. Once Lumia Health has tenants secured construction will begin in 2023.



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**Mayor's Corner**

What a spectacular fall we've had. It seemed like it would never end, but fall is definitely here now, and winter is on the way.

Do you have concerns or questions about road plowing, repair, or maintenance? The majority of public roads in the Municipality are owned and maintained by the Province of Nova Scotia.

To alleviate confusion, MODL has a user-friendly tool to help residents understand where they can report road issues. This interactive map allows users to search by address or by zooming in on the map.

Once you have selected a road, a pop-up window will show contact information for the agency responsible for plowing, repairing, or maintaining the road. To access the online map, visit [modl.ca/roadmap](http://modl.ca/roadmap).

As noted on page four, Council has stopped the Flood Risk project. The flood risk map is no longer available.

We heard from residents loud and clear that they had concerns about the modelling that underpins the map, and we share those concerns.

On behalf of myself and Council, I apologize for any distress or confusion this may have caused property owners, and thank residents for bringing forward their concerns.

One of the most exciting announcements we've made this year has been the news that Osprey Village will be home to Nova Scotia's first Lumia Health Collaborative Health Centre and MODL's Community Hub.

MODL has committed to renting space for a Community Hub in Lumia's planned two-storey, 45,000 square foot facility. The Community Hub will include a farmers' market, community kitchen, cold storage, education and meeting spaces, and a café. More information about this project is available on the front page.

On behalf of our Council and staff, I would like to wish all our residents and their families peace, love and joy during this beautiful time of the year.

# Local Climate Change Action Plan 2030 Approved

Council has approved the Local Climate Change Action Plan 2030. This 10-year plan was developed around a central vision that MODL will be a low carbon community, with the long-term goal of becoming a sustainable, climate resilient, and net-zero community.

The plan outlines a set of strategies, actions, and targets to guide the Municipality and the community to work together toward achieving net-zero greenhouse gas emissions by 2050 and support a climate-resilient, healthier, and sustainable future.



A climate-resilient and low-carbon community does not come from a plan, but through acting on it. We are committed to responding to the impacts of climate change and creating a safe, livable, and prosperous community for generations to come. We hope to receive the community’s continued support and collaboration as we implement the actions identified in the plan. The approval of this plan meets the requirement of Partners for Climate Protection (PCP) Program’s Milestone 2 and 3. To learn more about the Local Climate Change Action Plan, please visit [engage.modl.ca/local-climate-change-action-plan-2030](https://engage.modl.ca/local-climate-change-action-plan-2030).

-  **Milestone 1**  
Create a Baseline Emissions Inventory
-  **Milestone 2**  
Set an Emissions Reduction Target
-  **Milestone 3**  
Develop a Plan
-  **Milestone 4**  
Implement the Plan
-  **Milestone 5**  
Monitor Progress



## Provincial Volunteer Representative

We are pleased that Judy Comeau, with Seaside A Cappella, is this year's Provincial Volunteer Representative. Judy’s combination of energy, enthusiasm, experience, and skill are what set her apart as an inspiring director. Her goal is “ordinary women coming together to make extraordinary music.”

Judy is an extraordinary woman, very talented musically, but more importantly, she is extremely generous when giving her time and yet very humble about her efforts.

Judy represented all volunteers for the Municipality at the Provincial Volunteer Awards in Halifax.

## Flood Risk Project Stopped

The Province of Nova Scotia requires municipalities to have municipal-wide planning, which includes developing rules that are consistent with the Provincial Statement of Interest on Flood Risk.

In an effort to identify areas within the Municipality that are at risk of flooding during a 1-in-20 year and 1-in-100 year storm, we retained the services of an engineering firm to conduct flood risk modelling and mapping.

In recent meetings with residents to review and discuss the mapping, it became apparent that there can be significant discrepancies between the mapping and local knowledge from landowners regarding risk of flooding.

Given the discrepancies that have been brought to its attention, Council is not prepared to rely on the modelling/mapping as it appears to conflict with local knowledge. Consequently, Council has stopped the Flood Risk Project and removed the Flood Risk Map from our website. We are also advising the Province that we will not be proceeding with flood risk land-use regulations as part of the MODL 2040 project.

I want to thank residents for their thoughtful feedback on this issue as we would not have been able to discover the discrepancies without the local knowledge provided by our residents.

On behalf of myself and Council, I apologize for any distress or confusion this may have caused property owners and, again, we thank residents for bringing forward their concerns.



MODL is proud to continue to support the NS Active Smarter Kids (ASK) Project. The NS ASK Project provides professional development to schools across all of Nova Scotia in Physically Active Learning (PAL).

To date, the NS ASK Project has provided training to over 1100 Teachers and Pre-service Teachers in over 50 schools across the province. PAL has been proven to increase student physical activity while also increasing key educational outcomes like time-on-task and academic achievement.

Students and teachers across Nova Scotia are now experiencing the benefits of this health-promoting, inclusive and engaging learning method.

For more information, please visit [nsaskproject.ca](http://nsaskproject.ca) or contact Britt Vegsund, NS ASK Project Lead at [britt.vegsund@modl.ca](mailto:britt.vegsund@modl.ca).

## Calling all Local Community Groups & Non-Profit Organizations

### Save the Date: February 1, 2023 (Snow date February 8)

Join us to learn about grant funding opportunities MODL offers—how the grants work, what they can be used for, how to apply and for you to ask any questions you may have!

We'll be holding two sessions (please only attend one): 2-4pm or 6-8pm at the Municipal Services Building.

The Municipality offers a wide range of grant opportunities to support local organizations to assist with operating costs, to improve their facilities, expand their programming, hold an event or support them through sponsorship.

We also provide opportunities for individuals and teams too! The Municipality offers grants for training to benefit volunteerism in our community, with financial support to local athletes and youth travelling to competitions.

- Annual Operating – grant maximum \$5000\*
- Canada Day – grant maximum \$1200\*
- Comfort Centre Generator Funding – grant maximum \$8000\*
- Community Event – grant maximum \$2000
- Community Recreation Capital – grant maximum \$1000
- Community Recreation Program – grant maximum \$500
- Major Recreation Capital – grant maximum \$10,000
- Remembrance Day – grant maximum \$250\*
- Sponsorship Ad – grant maximum \$500
- Elite Athlete – grant maximum \$2000
- Leadership Training – grant maximum \$300
- Youth Travel – grant maximum \$50 for individuals/\$200 per team

\*Grants applications are accepted all year round except those marked, when an annual deadline date applies.

For more information or application forms, please see our website: [modl.ca/grants](https://modl.ca/grants), email us at [recreation@modl.ca](mailto:recreation@modl.ca) or call Sandra Challis on 902-541-1321, she'd love to hear from you!

### Corrections

In the fall issue of Municipal Matters, on page 12 the word undeserved was a typo, and the correct word is underserved.

In the 2022 Fire Service newsletter, we noted that the initial movement of providing children with free smoke detector began with eight fire departments. However, the idea for giving out smoke detectors initially came from firefighter and MODL Council member Michelle Greek at the New Germany Volunteer Fire Department. Great work Michelle!



Jerome Tanner of Lunenburg County Wheels and MODL Mayor Carolyn Bolivar-Getson pose with a new vehicle donated by MODL.

Municipal Council donated \$30,000 plus HST and delivery charges to Lunenburg County Wheels for the purchase of a used vehicle for the purpose of expanding transportation services in MODL.



Congratulations to Mayor Carolyn Bolivar-Getson, who received the Queen Elizabeth II's Platinum Jubilee Medal. This medal honours those who have devoted themselves to the service of others, especially throughout the pandemic, be it as a result of their job, volunteer work, or contributions to their community. Mayor Bolivar-Getson is pictured here with Rick Perkins, MP South Shore—St. Margarets.



Outgoing Deputy Mayor Cathy Moore presented the gavel to incoming Deputy Mayor Pam Hubley. Congratulations Pam, and thank you Cathy!



# ENJOY OUR MEMORY CAFÉ THIS WINTER

## *What is a Memory Café?*

A FREE winter social event for individuals, families, and care partners living with memory challenges.

## *What happens at Memory Café?*

We enjoy conversations, entertainment, and each other's company in a relaxing, welcoming atmosphere. So help yourself to a hot beverage and get cozy for an hour of connecting and sharing.

*Join us from 2:30pm-3:30pm on these dates:*

**Tuesday, December 6 - In Person**

**Tuesday, January 17 - Virtual**

**Tuesday, February 14 - Virtual**

**Tuesday, March 14 - In Person**

**Tuesday, April 18 - In Person**

## *What do I need to attend virtually?*

An internet connected device.

Don't have access? We will host the virtual session at the Flourish Centre as well.

## *Where are in-person Cafés held?*

**Flourish Centre**

**678 LaHave Street, Bridgewater**

## *How do I register?*

Email [tissy.bolivar@modl.ca](mailto:tissy.bolivar@modl.ca) or  
call (902) 541-1343



## Generators can be Deadly!

Home generators are handy for backup electricity in case of an outage but must only be used in accordance with the manufacturer's guidelines. A backup generator may only be connected to your home's electrical system through an approved transfer panel and switch that has been installed by a qualified electrician.

Never plug a generator into a wall outlet as serious injury can result when the current produced by the home generator is fed back into the electrical lines and transformed to a higher voltage. This can endanger the lives of utility employees working to restore the power.

If you plan to connect your generator directly to your electrical system, a qualified electrician must install it. The electrician must apply for a wiring permit and have the generator inspected by an electrical utility wiring inspector before it is used.

The primary hazards to avoid when using a generator are carbon monoxide (CO) poisoning from the toxic engine exhaust, electric shock or electrocution, and fire. Follow the manufacturer's instructions supplied with the generator.

Ensure that the generator operates outdoors in well-ventilated conditions, well away from doors or windows, and never in your garage, to prevent exhaust gases from entering the house. Under no circumstances should portable generators be used indoors, including inside a garage, carport, basement, crawlspace or other enclosed or partially enclosed area, even with ventilation. Opening doors and windows or using fans will not prevent CO buildup in the home.

To avoid electrocution, keep the generator dry and do not use it in rain or wet conditions. To protect the generator from moisture, operate it on a dry surface under an open canopy, such as under a tarp held up on poles. Dry your hands if wet before touching the generator. Be sure to turn the generator off and let it cool down before refueling. Gasoline spilled on hot engine parts could ignite.

Store fuel for the generator in an approved safety can. Use the type of fuel recommended in the instructions or on the label on the generator. Local laws may restrict the amount of fuel you may store or the storage location. Ask your local fire department for additional information about local regulations.

Store the fuel outside of living areas in a locked shed or another protected area. Do not store it near a fuel-burning appliance, such as a natural gas water heater in a garage. If the fuel is spilled or the container is not sealed properly, vapours from the fuel can travel along the ground and can be ignited by the appliance's pilot light or by arcs from electric switches in the appliance.

Plug appliances directly into the generator or use a heavy-duty, outdoor-rated CSA-approved extension cord that is rated (in watts or amps) at least equal to the sum of the connected appliance loads. Check that the entire cord is free of cuts or tears and that the plug has all three prongs, especially a grounding pin.

Never try to power the house wiring by plugging the generator into a wall outlet, a practice known as "backfeeding." This is an extremely dangerous practice that presents an electrocution risk to utility workers and neighbours served by the same utility transformer. It also bypasses some of the built-in household protection devices.

## Community Events Listing – Winter 2023

Date	Event	Details	Contact
Mondays	VON Adult Day Program	9:00am – 3:00pm, 250 Green Street, Lunenburg. Lunch and snacks provided. \$20/day.	(902) 634-7173
	Morning Coffee	10:00am – 11:30am, Voglers Cove Community Hall. Enjoy coffee with goodies and conversation. Free, but donations are appreciated.	(902) 541-7545
	Cribbage	7:00pm, Voglers Cove Community Hall. Entrance: \$4, High Hand: \$1, 50/50: 4/\$1. Snacks welcomed; beverages served.	(902) 677-2045
	Music Jam	7:00pm, Baker Settlement & District Community Hall, 5092 Hwy 325, Baker Settlement. Wheelchair accessible. \$2.	(902) 685-2343
Wednesdays	VON Adult Day Program	9:00am – 3:00pm, 250 Green Street, Lunenburg. Lunch and snacks provided. \$20/day.	(902) 634-7173
Thursdays	VON Adult Day Program	9:00am – 3:00pm, 250 Green Street, Lunenburg. Lunch and snacks provided. \$20/day.	(902) 634-7173
November 2 – December 30	Lens and Light – Celebrating the 40 <sup>th</sup> Anniversary of the Bridgewater Photo Club	During open hours at the Margaret Hennigar Library, Bridgewater. Photo prints featuring the photography of club members. FREE. <a href="http://www.bridgewaterphotographicsociety.wordpress.com">www.bridgewaterphotographicsociety.wordpress.com</a> .	(902) 624-9361
November 3 – January 31	In Search of Emotions – Photographs by Jostein Algroy	During open hours at the DesBrisay Museum, Bridgewater. Portrait photography capturing the emotions of the people photographed. FREE. <a href="http://www.bridgewaterphotographicsociety.wordpress.com">www.bridgewaterphotographicsociety.wordpress.com</a> .	(902) 624-9361
December 17	Breakfast with SANTA	8:00am – 11:00am, Voglers Cove Community Hall. \$10; Ages 6-12: \$7; 5 & under: Free	(902) 677-2045
January 10	Seniors College Association of Nova Scotia (SCANS) Registration	10:00am – 12:00pm, Mahone Bay Centre. Teachers will describe their winter courses. FREE. <a href="http://www.thescans.org">www.thescans.org</a> or Fern Jordan at <a href="mailto:fernj@gmail.com">fernj@gmail.com</a> .	
January 12	Lunenburg Lunch and Learn	12:00pm – 1:00pm, St. John's Anglican Parish Hall, Lunenburg. Speaker: Samantha Battaglia/Coastal Action re: Living Shoreline. \$5. Please bring your own lunch. <a href="mailto:info@lunenburglunchandlearn.ca">info@lunenburglunchandlearn.ca</a> .	
February 1 & 15	Public Lecture from SCANS (Senior College Association of Nova Scotia)	1:00pm – 2:30pm, St. John's Anglican Parish Hall, Lunenburg. From War fighter to fighting food poverty, the story of David Jarvis' adventures in Africa and Italy, and how he ended up in our community growing food for the Food Bank and Lunenburg WeFeed. FREE. Contact Fern Jordan at <a href="mailto:fernj@gmail.com">fernj@gmail.com</a> .	
February 9	Lunenburg Lunch and Learn	12:00pm – 1:00pm, St. John's Anglican Parish Hall, Lunenburg. Speaker: Tessa Quilty re: Bluenose Academy Food Forest Project. \$5. Please bring your own lunch. <a href="mailto:info@lunenburglunchandlearn.ca">info@lunenburglunchandlearn.ca</a> .	
March 9	Lunenburg Lunch and Learn	12:00pm – 1:00pm, St. John's Anglican Parish Hall, Lunenburg. Speaker: Alison Mitchell, Lawyer re: foreign affairs and conflicts. \$5. Please bring your own lunch. <a href="mailto:info@lunenburglunchandlearn.ca">info@lunenburglunchandlearn.ca</a> .	

Submit event info to Tissy Bolivar, [tissy.bolivar@modl.ca](mailto:tissy.bolivar@modl.ca), or call (902) 541-1335. Next deadline: February 3, 2023

## Get Updates About Holiday Waste Collection and Storm Cancellation

- Call (902) 543-2991
- Listen to CKBW 98.1 fm
- Visit [communityrecycling.ca](http://communityrecycling.ca) or the Lunenburg Regional Community Recycling Centre's **Facebook** page
- Visit [communityrecycling.ca](http://communityrecycling.ca) and sign up for collection notifications through the **R6Recycles Waste App**.



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### Christmas Tree Collection

**Pick up will take place on your regular collection day January 9 - January 20.**

Two trees will be collected per house. Apartment buildings: one tree per apartment, plus one extra tree will be picked up.

Please ensure you remove all decorations. Artificial trees are collected as bulky landfill items on regular pick-up days. For more information call (902) 543-2991 or visit [communityrecycling.ca](http://communityrecycling.ca).

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### Waste Collection Information

**Household Waste:** Blue bag recyclables (food containers/ packaging), cardboard, paper, garbage, and your green cart are collected bi-weekly. Clear bags must be used for garbage; one black bag allowed per household, per pick up.

**Bulky landfill items:** collected every two weeks, on your regular collection day. Each item may measure up to 6 feet and weigh up to 220 lbs. Items include: mattresses, sofas, upholstered chairs, plastic totes, plastic children's toys, and toilets.

**Two trucks collect your waste on collection day.** One truck picks up bagged garbage, bulky landfill items and green cart waste. Another collects blue bag recyclables, paper, and cardboard. **Collection starts at 7:00 am.**

**Wood and Metal Collection** takes place in the fall during a two-week period, on your regular collection day during that time.

**Curbside Electronics Collection** takes place in the fall during a two-week period, on your regular collection day. Each household can put out three items.

For more information, call (902) 543-2991 or visit [communityrecycling.ca](http://communityrecycling.ca).

## Green Cart Changes

As of November 1, 2022, these items aren't allowed in your green cart:

- Plastic-type compostable, biodegradable and oxo-biodegradable bags
- Paper coffee cups and take out packaging lined with plastic (soup bowls, chili cups)
- Waxy drink cups

Compostable bags, plastic-lined take out cups and bowls and waxy cups cause contamination during compost processing. Compostable bags get stuck in processing equipment.



Use these instead:

**Mini bin:** newspaper, cracker boxes, paper liners, sugar bags and paper towel.

**Green cart:** cardboard, boxboard or paper leaf and yard waste bags. Layer dried leaves and food scraps. Put wet and oily foods in boxes and toss them in your green cart.



**Paper coffee cups, waxy drink cups, and take out packaging lined with plastic go in garbage.** Biodegradable dog waste bags are garbage too. Questions? Call (902) 543-2991 or visit [communityrecycling.ca](http://communityrecycling.ca).

## Waste Collection Information

There are lots of ways to find out about waste collection. Visit [communityrecycling.ca](http://communityrecycling.ca) to find updates. Sign up for collection notifications using **R6Recycles waste app**. You can download the app on your mobile device. It's free and easy to use.

If collection is cancelled, check the website listed above, or call **1-855-530-3324** or **(902) 543-2991** or tune into **CKBW 98.1 fm**. Also check the **Lunenburg Regional Community Recycling Centre's Facebook page**.



Never miss collection day! Download the free **R6RECYCLES App** on the app store.  
**No computer or smart phone? Call (902) 543-2991 to sign up for reminders about collection day.**

Find us on Facebook! [facebook.com/LunenburgRegionalCommunityRecyclingCentre](https://facebook.com/LunenburgRegionalCommunityRecyclingCentre)

The Lunenburg Regional Community Recycling Centre is located at 908 Mullock Road in Whynotts Settlement.  
**Questions? Call (902) 543-2991 or visit [communityrecycling.ca](http://communityrecycling.ca).**

## Important Numbers

<b>General Inquiries</b>	<b>(902) 543-8181</b>	Planning	(902) 541-1325
Building Inquiries/Inspection	(902) 541-1325	Recreation Line	(902) 541-1343
Civic Addressing Inquiries	(902) 541-1325	Roads (Dept. Public Works)	1-844-696-7737
Dog Control Officer	(902) 543-2022	Solid Waste Inquiries	(902) 543-2991
Economic Development	(902) 530-2325	Solid Waste Collection Issues	1-855-530-3324
Engineering Department	(902) 541-1351	Taxes	(902) 541-1329
Mayor's Office	(902) 541-1326		

The mission of Municipal Matters is to better inform MODL residents of local municipal issues. Municipal Matters is published quarterly. Feedback, reaction, or comments are encouraged. Please write to: Sarah Kucharski, Manager, Corporate Services & Communications, Municipality of the District of Lunenburg, 10 Allée Champlain Drive, Cookville, NS, B4V 9E4 or email [Sarah.Kucharski@modl.ca](mailto:Sarah.Kucharski@modl.ca).